

**Holy Comforter-Saint Cyprian
Religious Education Ministry**

Catholic Education for Adults



Sessions are held every Sunday from 9:30 am to 10:45 am in the school cafeteria. Sessions are held only when Sunday school is scheduled.

Each year, HCSC offers religious education sessions for adults during the same time period as our Sunday School classes for our youth.

These sessions are open to **ALL ADULTS (age 18 years +)**.

During the adult sessions we teach the same subject matter as the youth, but at an adult level. The catechists are Msgr. Pope and Deacon Kevin and Elizabeth Butler. Sessions are designed so that you can come when you can.

We also offer a **Snack/Coffee Program** which is held during Sunday School. Like Christ we must not only feed the soul we must feed the body. We welcome any donations to this effort to supply light refreshments.

Some topics of discussion that we meet and reflect upon are:

- ◆ Why are Sacraments actions of Christ? Do you know? Can you point to the scriptures that support your belief?
- ◆ What is the purpose of the Sacraments? Do you know?
- ◆ Why does the Church urge us to receive the Sacraments? Is it really that important?
- ◆ How do we make sacraments a reality in our daily life?

We hold these sessions because it is important for us to **learn our faith** as well as to **learn how best to live our faith**. Living a Christian life & handing on our faith is easier when you have others to **share your struggles and joys** and **help with ways to be successful**.

Come and join us!